



Jaggery Cube



➤ This is another version of brown sugar molded in the shape of cubes used with coffee, tea and many more food products around the world!.Jaggery or Gur or Cane sugar is a pure, wholesome, traditional, unrefined, whole sugar. It contains the natural goodness of minerals and vitamins inherently present in sugarcane juice & this crowns it as one of the most wholesome and healthy sugars in the world. In Mexico & South America, it is also known as panela.

Usage: Our sugarcane jaggery is used as an ingredient in both sweet and savory dishes across India and in many more countries around the world. It is used in desserts in a Bengali and Gujarati cuisine, lending exquisite taste and flavor and color to the dishes.



Jaggery or Gur is made by concentrating the wholesome richness of sugarcane juice, removing the impurities from the resultant syrup, leaving intact the native natural sugarcane juice, making it a healthy yet enjoyable product and therefore apart from being a ready source of carbohydrates, Jaggery is rich in essential amino acids, minerals and salts including calcium, potassium and iron and we ensure that you can avail of all its natural nutrients without the intrusion of harmful chemicals or preservatives.

Health benefits : Jaggery is considered by some to be a particularly wholesome sugar and, unlike refined sugar, it retains more mineral salts. Moreover, the process does not involve chemical agents. Indian Ayurvedic medicine considers jaggery to be beneficial in treating throat and lung infections; Sahu and Saxena[3] found that in rats jaggery can prevent lung damage from particulate matter such as coal and silica dust. Gandhi felt that jaggery was healthier than refined sugar, as it was not introduced into the blood as rapidly.[4] As such, he used it in his own personal diet and recommended it for use in his invented goat-milk diet (and all other diets and eating styles).



Contact Us

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